

Wellness Committee Meeting

10.2.18, Alexis's house

Janis, Alexis, Hae Sue, Marcela, Meredith, Erika, Shannon

Hae Sue-

Prop 1 - increasing sales tax for more SRO's

Prop 1639- guns safety law, 18 to 21 age, safe storage

The Big Give – under goal, still not too late

Weekly Waves- sign up for LWSD newsletter

Oct 12 Fri 8:40 , new parent social @ KIMS to welcome new families

Heathman social- 6 people showed up, starting momentum for future years

Melody Lynn Vineyards- 6pm on Friday for our social- Erika will be point of contact

Meredith will Add disclaimer to bottom

Meredith has a 6th grade email list to send to, PTSA board, our committee

Wellness FB page, PTSA FB page

Personal invites from us

WoMommies

Ryan Bond is planning to attend- ask him to invite some other staff (new PE : Megan Bricker)

Erika will invite Engquist

Ryan – ideas to discuss- what is he most passionate about?

Wellness pop-up , cooking class, Whole Foods grants, Turkey Trot (recruitment/staff participation)

Marcela will make a flyer for the meeting on Friday-

Turkey Trot- Sun 11/18- Erika will follow up and work on \$5/kid/\$10 adult rate

We don't need t-shirts, 7 weeks away. We have \$50 budget- face tattoos? Face paint?

Next meeting

10/2-Alexis house

10/16-Meredith house

10/30- Maria's house

11/13-library (booked)

11/27-

12/11-

12/18-