

National Backpack Awareness Day

Lighten Up!

Make your backpack lighter with these 8 tips and tricks

8 Tips & Tricks to Lighten Up Your Backpack

- 1 Walk to school with an empty water bottle. Fill it when you arrive!
- 2 Charge your laptop every night—leave the cord at home.
- 3 Use classroom sets of books and calculators when provided.
- 4 Store after school sports equipment in your gym locker during the day.
- 5 Start with an empty binder each semester.
- 6 Bring a collapsible, lightweight lunchbox.
- 7 Bring one outside reading book at a time.
- 8 Clean out your backpack once a week. Reload pencils, paper, and a few pens when needed.

Kirkland Middle School | Lighten Up!